



STATE OF NEW JERSEY  
EXECUTIVE DEPARTMENT

# Proclamation

WHEREAS, Friday, February 1, 2013 is declared "**National Wear Red Day®**", which is the American Heart Association's national call to increase awareness about coronary heart disease, the leading cause of death for women over age 25, and to inspire women to take charge of their heart health; and

WHEREAS, 2013 marks the 10<sup>th</sup> anniversary of "**National Wear Red Day®**" and Drumthwacket, the official Governor's residence, will light up red for the month of February; and

WHEREAS, cardiovascular disease claims the lives of approximately 420,000 American women each year, approximately one death per minute; and

WHEREAS, approximately 7 percent more women than men die due to cardiovascular disease; and

WHEREAS, only 16 percent of women surveyed in 2009 identified cardiovascular disease as the greatest health problem facing them; and

WHEREAS, all women should learn their own personal risk for heart disease by using tools such as the American Heart Association's My Life Check, "Go Red For Women®" Heart Check Up, "Go Red For Women®" Better U and by having annual check-ups with their health care providers; and

WHEREAS, "**Go Red for Women®**" is a community and family event dedicated to raising awareness about heart disease in women and empowering women to lower their risk of these often-preventable diseases to live longer, stronger lives;

NOW, THEREFORE, I, CHRIS CHRISTIE, Governor of the State of New Jersey, in recognition of the importance of the ongoing fight against heart disease and stroke, do hereby proclaim:

**FEBRUARY 1, 2013**

AS

**WEAR RED DAY FOR WOMEN**

*in New Jersey. Through prevention and care, we can save thousands of lives each year.*



GIVEN, under my hand and the Great Seal of the State of New Jersey, this thirty-first day of January in the year two thousand thirteen, the two hundred thirty-seventh year of the Independence of the United States.

Lt. GOVERNOR

GOVERNOR